DEVELOPMENT OF AGE-FRIENDLY CITIES:
LAUNCH OF AN INNOVATIVE TRAINING WEB-APP

As European citizens enjoys longer lives but face several challenges in their cities and communities, the Age-Friendly City Toolkit project provides an innovative response to some of the issues to which older citizens are confronted on a daily basis, and this via a new training programme '**Age Friendly Cities Inclusive Ageing Professional'**, launched and tested to raise awareness and practical tips to build and enjoy age-friendly environments.

With cities and communities struggling to address the need for accessible and inclusive spaces and services suitable for all ages, including the older age, the Age-Friendly City web-app offers a multilingual educational content to support professionals, decision-makers and local communities to design and implement age-friendly environments. This digital resource includes theoretical material, quizzes, videos and case studies, all designed to facilitate self-learning and active interaction.

OBJECTIVES AND CONTENT

The web-app provides learning materials suitable to be use as stand-alone course or to be integrated into vocational training programmes, facilitating the identification and resolution of barriers to inclusion.
The materials are aligned with World Health Organisation (WHO) indicators on space, transport, housing and more.

THE TRAINING IS ORGANISED IN FIVE CORE MODULES

1. **Built and smart environments**: Focus on inclusive design.
2. **Social Participation**: Strategies for involving the community, especially its older members
3. **Social inclusion and cooperation**: Tackling isolation and promoting integration.
4. **Employment and civic engagement**: Options for employment and volunteering.
5. **Community support and communication**: Creating a supportive environment for older people, including those with cognitive impairments.

Each module presents case studies, good practices and concrete suggestions for the development of more inclusive cities.

ACCESSIBILITY AND TARGETING

The web-app is accessible from any digital device and available in five languages: English, Spanish, Italian, Dutch and Danish. The web app can be freely used by different users, such as teachers, health workers, local authorities, NGOs, caregivers and people of all ages.
With over 30 hours of interactive educational content, the Age-Friendly City web-app is a dynamic resource to promote active ageing and the creation of resilient and inclusive communities. This initiative is an important step towards a future where every person can live in an environment that meets their needs and promotes their well-being across the life-span.
For more information on the Age-Friendly City web-app and the Age Friendly Toolkit project, please visit www.afctoolkit.eu/.

STAY TUNED

We invite you to stay up to date on the results of our web-app pilot, designed and intended for a wide audience. Follow us to find out when the web-app will be officially available for use and dissemination. Your participation is crucial to ensure that this tool can best serve the community!

www.afctoolkit.eu